



TURKISH FREEKEH TABOULEH

KISIR

Ingredients:

2 cups par boiled Freekeh

1/2 cup grape seed oil or olive oil

2 tbs. pomegranate molasses

1 tsp. Aleppo pepper

8-10 green onions, chopped

1 raw beet cubed

1 tsp. Dried Laymoun

1 tsp cumin

2- tbs rice vinegar

1 bunch of parsley, chopped

1 tbs. fresh thyme leaves

2 cucumbers, chopped

1 tbs. kosher salt

1 cup pomegranate arils

4-5 sprigs fresh mint

4-5 sprigs fresh thyme

Instructions

Mix ingredients up to kosher salt

Top with remaining arils, mint and thyme